



## New Oriel Hall Timetable January to March 2018

### MONDAYS

09.30 - 10.15	Zumba Dance Workout	Jess	07752 173903
10.00 - 11.00	Tai Chi	John	07598 620166
11.00 - 12.00	Belly Dancing	Wafaa	07763 930199
14.00 - 15.00	Over 50's Exercise	Amanda	07443 634447
10.30 - 13.00	Free Legal Consultation Drop in (once a month)	Helen	0808 129 3320
14.00 - 16.00	Scottish Country Dancing	Ros	01225 319991
15.30 - 18.00	Perform Kids Drama/Dance/Snging	Lucy	0845 400 4000
17.30 - 18.30	Lambridge Councilor 'Green' Surgery (1st Mon)	Lin	01225 311163
17.00 - 17.45	Juniors Tap	Alison	07803 173486
18.00 - 18.45	Adult Ballet	Alison	07803 173486
18.15 - 19.15	Advanced Pilates	Laura	07961 737823
18.30 - 21.00	Beginners Yoga (2 classes)	Sophie	07867 578797
19.00 - 21.30	Mindfulness	Huw	07787 870841
19.30 - 20.30	Kettle Bells	Stephanie	07867 987653

### TUESDAYS

06.30 - 07.30	GWTP Boot Camp	Stephanie	07867 987653
09.15 - 10.15	Cardio Sculpt Exercise	Amanda	07443 634447
09.15 - 10.15	Somatic Yoga	Alli	07765 881522
10.00 - 11.00	Baby & Toddler Spanish Class	Katherine	07892 685611
10.00 - 12.00	'Alliance Francaise' French Class	Cecile	07932 377130
10.45 - 12.15	Seniors 'Friendship Circle' (monthly at Hanover Court)	Naomi	01225 466606
10.30 - 11.30	Beginners/Intermediate Pilates	Laura	07961 737823
11.00 - 11.30	Spanish for Pre-Schoolers	Katherine	07892 685611
18.15 - 19.15	Flow Yoga	Carrie	07450 670542
18.30 - 19.30	Cardio Sculpt Exercise	Amanda	07443 634447
19.00 - 21.00	'Alliance Francaise' French Class	Cecile	07932 377130
19.00 - 21.00	Meditation	Lin	01225 311163
19.30 - 20.00	On the Breath' Meditation	Amanda	07443 634447
19.35 - 20.35	Mixed Ability Pilates	Laura	07961 737823
19.30 - 20.45	Hatha Yoga	Sophie	07867 578797

### WEDNESDAYS

09.30 - 10.30	Drop in Pilates	Mara	07976 898246
10.15 - 12.15	We Hear You Cancer support Group	Office	01373 455255
10.45 - 11.45	Mixed Ability Pilates	Laura	07961 737823
13.45 - 15.45	'Alliance Francaise' French Class	Cecile	07932 377130
14.00 - 16.00	Scrabble Group (1 <sup>st</sup> & 3 <sup>rd</sup> Wed)	Audrey	318548/334767

### WEDNESDAYS Cont...

10.30 - 12.30	Early Mothering Group	Noreen	07795 413888
11.00 - 13.00	Cygnus Discussion Group (1st & 3rd Wed)	Mani	01225 840889
15.30 - 17.00	Book Club (1 <sup>st</sup> Wed)	Sarah	07869 591189
18.15 - 19.30	Beginners Spanish Class	Katherine	07892 685611
18.30 - 19.30	Dance-Exercise	Polly	07575 111867
19.30 - 21.00	Jamyang Bath Buddhist Group	Sandra	01373 670985
19.30 - 20.30	Pilates	Polly	07575 111867
19.30 - 21.30	Folk Choir	Matt	07759 215438
19.45 - 21.00	Intermediate Spanish Class	Katherine	07892 685611

### THURSDAYS

06.30 - 07.30	GWTP Boot Camp	Stephanie	07867 987653
09.15 - 10.15	Strong & Supple Exercise	Amanda	07443 634447
09.30 - 11.45	Kidz Fun (2 sessions)	Sally	07890 665817
09.45 - 11.00	Beginners Spanish Class	Katherine	07892 685611
10.30 - 13.00	Life Drawing (2 classes)	Celia	01225 337944
11.15 - 12.30	Intermediate Spanish Class	Katherine	07892 685611
14.15 - 15.45	Dance for Parkinson's (Every other week)	Gay	01225 858557
14.00 - 15.30	Larkhall Baby Café	NOH	01225 466606
16.00 - 18.00	Strictly for Kids - Latin & Ballroom Dance	Joanna	01225 287984
16.00 - 17.30	Little Dancers	Alison	07803 173486
18.00 - 18.30	Beginners Tap	Alison	07803 173486
18.30 - 19.30	Intermediate/Advanced Pilates	Laura	07961 737823
18.30 - 19.30	Adult Tap Dancing	Alison	07803 173486
19.00 - 21.00	Breathing for Wellbeing (every other week)	Ruth	07970 911131
19.45 - 21.45	Bath Community Singers	Nickomo	01749 850474
20.00 - 21.00	Subud	Hussein	01179 738433

### FRIDAYS

09.45 - 12.00	Baby Sing and Sign (3 sessions)	Raych	07789 765907
09.15 - 11.15	Mixed Ability Pilates (2 classes)	Laura	07961 737823
09.30 - 12.00	'Little Dancers' Pre-School Dance (5 classes)	Alison	07803 173486
13.00 - 15.00	Over 50's Lunch Club (twice a month)	NOH	01225 466606
14.00 - 15.00	Dancing with Memories (3rd Fri)	Pat	07825 744571
19.30 - 22.00	The New Oriel Hall Social Affairs Discussion Group (2nd & 4th Fri)	NOH	01225 466606

### SATURDAYS

10.00 - 1.00	Bath Repair Café		bathrepaircafe@gmail.com
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