



New Oriel Hall Timetable

May - July 2017



MONDAYS

09.30 - 10.15	Zumba Dance Workout	Jess	07752 173903
10.00 - 11.00	Tai Chi	John	07598 620166
11.00 - 12.00	Belly Dancing	Wafaa	07763 930199
14.00 - 15.00	Over 50's Exercise	Amanda	07443 634447
10.30 - 13.00	Free Legal Consultation Drop in (once a month)	Helen	0808 129 3320
14.30 - 16.00	CRUSE Bereavement Support (2 nd & 4 th Mon of Month)	Paul	01761 417250
14.30 - 16.30	Scottish Country Dancing (1 st & 3 rd Mon of Month)	Ros	01225 319991
15.30 - 18.00	Perform Kids Drama/Dance/Singing	Lucy	0845 400 4000
17.30 - 18.30	Local Lambridge Councillor 'Green' Surgery	Lin	01225 311163
19.30 - 21.30	RUH Fundraising Hub (1 st Mon of month)	RUH	01225 825691
18.00 - 18.45	Adult Ballet	Alison	07803 173486
18.15 - 19.15	Pilates for all abilities	Laura	07961 737823
18.30 - 21.00	Beginners Yoga (2 classes)	Sophie	07867 578797
19.00 - 21.30	Mindfulness	Huw	07787 870841
19.30 - 20.30	Kettle Bells	Stephanie	07867 987653

TUESDAYS

09.15 - 10.15	Cardio Sculpt Exercise	Amanda	07443 634447
10.00 - 12.00	'Alliance Francaise' French Class	Cecile	07932 377130
10.45 - 12.15	Seniors 'Friendship Circle' (monthly at Hanover Court)	Naomi	01225 466606
10.30 - 11.30	Pilates	Laura	07961 737823
13.00 - 15.00	Larkhall Baby Café	NOH	01225 466606
18.30 - 21.15	Hatha Yoga (2 sessions)	Sophie	07867 578797
18.30 - 19.30	Cardio Sculpt Exercise	Amanda	07443 634447
19.00 - 21.00	'Alliance Francaise' French Class	Cecile	07932 377130
19.00 - 21.00	Meditation	Lin	01225 311163
19.30 - 20.00	On the Breath' Meditation	Amanda	07443 634447
19.35 - 20.35	Pilates for all abilities	Laura	07961 737823

WEDNESDAYS

09.30 - 10.30	Pilates for all abilities	Laura	07961 737823
09.45 - 11.15	Dru Yoga	Avril	07811 190603
13.45 - 15.45	'Alliance Francaise' French Class	Cecile	07932 377130

WEDNESDAYS Cont.

14.00 - 16.00	Scrabble Group (1 st & 3 rd Week of the month)	Audrey	318548/334767
11.00 - 13.00	Early Motherhood Group	Noreen	07795 413888
11.00 - 13.00	Cygnus Discussion Group (Every other week)	Mari	01225 840889
15.30 - 17.00	Book Club (1 st Week of month)	Sarah	07869 591189
18.00 - 19.00	Dance X	Polly	07575 111867
19.15 - 20.15	Pilates for Beginners	Polly	07575 111867
19.30 - 21.30	Jamyang Bath Buddhist Group	Sandra	01373 670985
20.20 - 21.20	Pilates for Intermediates	Polly	07575 111867

THURSDAYS

09.15 - 10.15	Strong & Supple Exercise	Amanda	07443 634447
09.30 - 11.45	Kidz Fun (2 sessions)	Sally	07890 665817
10.30 - 13.00	Life Drawing (2 classes)	Celia	01225 337944
14.15 - 15.45	Dance for Parkinson's (Every other week)	Gail	01225 858557
16.00 - 18.00	Strictly for Kids - Latin & Ballroom Dance	Joanna	01225 287984
16.00 - 17.00	Little Dancers	Alison	07803 173486
18.30 - 19.30	Pilates for all abilities	Laura	07961 737823
18.30 - 19.30	Adult Tap Dancing	Alison	07803 173486
19.45 - 21.45	Bath Community Singers	Nickomo	01749 850474
20.00 - 21.00	Subud	Hussein	01179 738433

FRIDAYS

09.45 - 12.00	Baby Sing and Sign (3 sessions)	Raych	07789 765907
09.15 - 11.15	Pilates for all abilities (2 classes)	Laura	07961 737823
09.30 - 12.00	'Little Dancers' Pre-School Dance (5 classes)	Alison	07803 173486
10.30 - 16.00	Qi-Gong (monthly)	Daverick	07891 301686
13.00 - 15.00	Over 50's Lunch Club (twice a month)	NOH	01225 466606
14.00 - 16.00	Dancing with Memories (3rd Wk of the Month)	Pat	07825 744571

SATURDAYS

10.00-11.30	Pregnancy Yoga	Harriet	07775 645877
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